

**Due to current demand and capacity, we are experiencing longer waiting times across the neurodevelopment assessment pathways.**

**What happens during an Initial Assessment ADHD**

The initial assessment will provide an opportunity to gather further information from you about your child and provide an opportunity to observe difficulties with inattention, hyperactivity and impulsivity. Following the initial assessment, your child will be placed on the waiting list for a Qb Test. We may also provide recommendations regarding your child's wellbeing.

Initial Assessment waiting time currently is approximately **18months** from date paperwork was accepted.

The current wait for a QB is approximately **1 month**.

Following QB the assessments are discussed in MDT - the MDT consists of neurodevelopment nurses and psychiatry. The current waiting times for MDT are approximately **8 months**.

Following MDT a feedback appointment is booked the current waiting times for feedback are **3 months**.

Following MDT if a diagnosis is agreed then there are opportunities to consider medication options, these discussions must take place with a medic. The current waiting time to see a medic for ADHD medication is 10 months.

**Assessment for Autism**

The initial assessment will provide an opportunity to gather further information from you about your child and provide an opportunity to observe the child's communication, social interaction, and interests. We may also provide recommendations regarding your child's wellbeing.

Initial Assessment waiting time currently is approximately **18months** from date paperwork was accepted from schools.

Following initial assessment your child will be discussed in supervision with a senior member of the. Following the initial assessment, your child will be placed on the waiting list for assessment neuro team, if further assessment is indicated they will be placed on the ADOS waiting list.

\*In some instances, there may be sufficient evidence to proceed to MDT (this option is considered for each young person however in most cases further assessment is indicated)

The Current waiting times for an Autism Diagnostic Observation Schedule (ADOS) currently are approximately **8 months**.

Following ADOS your child will then be discussed in MDT - the MDT consists of neurodevelopment nurses, psychology and a medic. The current wait time for MDT is **4 months**

*There may be occasions on both Autism and ADHD assessment pathways when additional information is required this may be obtained by a further 1-1 with your child or a school observation, if these additional assessments are required we will inform the families and make the appropriate arrangements for these to be completed in a timely manner ( currently these are completed within a month of being identified as required).*

### **Support Whilst Waiting**

**We will endeavour to keep you informed of waiting times and appreciate that long waiting times are frustrating. In the interim, if you have concerns regarding your child's mental health, please contact our duty line on 0161 7161100, out of hours please call NHS 111 or 999 in an emergency.**

Pennine Care also run a helpline for mental health, learning disability and autism service users and carers, of all ages, who are experiencing increased mental health needs during the coronavirus. This is run by experienced mental health professionals who can:

- Listen to you and help you work through immediate problems
- Work with you to find ways to move forward or suggest ways of working
- Give you information about other services that may be helpful to you or the person you care for

**The helpline is open 24 hours a day, 7 days per week on 0800 014 9995.**

In the interim please see padlets below for additional support resources whilst waiting. These hold a range of themes and advice and guidance on a range of subjects.

## Neurodiversity Advice and support



1. [Supporting Your Neurodiverse Child padlet](#)  
(parenting support including sensory )



2. [Neuro Support Padlet](#)

(support whilst waiting ADHD 16 plus )

Sensory support Padlet

3. <https://padlet.com/ThriveinBury/sensory-processing-differences-support-padlet-ahdnfz48trc9gd4l>

## Emotional and Mental health Advice and Support

4. **Thriving in Bury for Children and Young People:** <https://padlet.com/ThriveinBury/YoungPeople>



5. **Thriving in Bury for Parent and Carers:**  
<https://padlet.com/ThriveinBury/ParentandCarers>
6. **Thriving in Bury for Education:**  
<https://padlet.com/ThriveinBury/Education>