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| **STAR ANALYSIS OF BEHAVIOUR: THE FORMULATION** |
| Name: |
| Description of behaviour that causes concern: |
| Appears to achieve the following results: |
| Appears to be set off by the following triggers: |
| Seems to occur in the context of the following environments/situations: |
| Appears to be related to the following personal/relationship needs: |
| Appears to be associated with a need to develop skills in the following area(s) |