

When you turn 18, the local council must decide if you need help with care and support. This is because of something called The Care Act 2014. If you are getting help from children's social services, they need to check if you will need help as an adult too. This check is called an assessment and in Bury, it's called "My Life My Way."

The assessment looks at what you want to do in life and if you need help from Adult Social Care Services. There is a special team in Bury called the Preparing for Adulthood team. They work with children's services to make sure you get the right help when you become an adult.

You or your parents can ask for this assessment at any age if you think you will need help as an adult. If the council thinks it will help you, they must do the assessment. If they decide you do not need help, they will tell you why and help you find other support.

It is best to do the assessment when you know what help you will need at 18. Getting help as a child does not mean you will get the same help as an adult. Even if you do not get help, the assessment will show what kind of support you might need, and other organisations might be able to help.

Your parents might also get Carer's Allowance if they look after you. The assessment should think about this too.

## The cost of social care support

People over the age of 18 who have care and support needs may have to pay for their care. Bury Adult Social Care will look at your money to see how much you can pay. They can also help you get any benefits you are allowed to have. You might have to pay for:

- home care (day and night)
- day activities and respite care
- supported living
- support from a Personal Assistant (PA)
- a direct payment

If you want to talk to someone about having a Care Act assessment, call the Care, Connect and Direct Service on 0161 253 5151.