

QB Test Information sheet for parents and carers



This is a specialist part of an ADHD assessment and is only used in conjunction with a full clinical assessment. The QB test is not diagnostic in isolation.

What is a QB Test?

- A QB test is an objective psychometric assessment of the three core symptoms of ADHD (inattention, hyperactivity and impulsivity).
- A QB test combines assessment of motor activity with continuous assessment of attention and impulsivity.
- Reports are in a readily understandable format and outline whether a child is more active, impulsive and inattentive than a group of age and gender matched controls (children without ADHD).

Why do we carry out QB testing?

- By conducting a QB test professionals can come to an objective analysis by comparing test scores from normative data matched for both age and gender.
- Scales and patterns of ADHD symptoms can then be measured against the norm in relation to your child's age and gender to contribute in the diagnosis stage of ADHD

Development of QB testing:

QbTest is in common use within Sweden to assess both adults and children for possible ADHD. It is being increasingly used in other countries, including the UK (125 clinics world wide use QbTest routinely, including 20 UK CAMHS services).

What is my child required to do for the test?

QbTest involves assessing the young person's performance during a 15 or 20 minute assessment on a computer based task while monitoring their head movements using a camera. The young person's performance is assessed against normative data with a report provided within minutes.

Who will be conducting the test and assessing my child?

The QB test will be conducted by the Bury Healthy Young Minds ADHD team who will also observe and analyse your child's behaviour and activity throughout the test

What happens next?

The results from the test will be instant. Under most circumstances feedback will be given directly after your child has completed the test. For advanced results, a follow-up appointment will be made with a clinician to discuss your child's results.