### **Physical and Sensory Needs Overview**

### Sensory needs

Ask me what I need to feel calm and help me to access this during the school day.

Movement breaks and fidget toys may help me to focus.

#### Gross motor skills

You can help me by keeping the classroom clear and uncluttered.

Let me leave a few minutes early to avoid busy corridors.

### General physical needs

You can help me by being aware of equipment I use and my care plan

# With support I can....

#### Fine motor skills

Give me extra time to complete activities

Alternatives to writing can help, e.g. typing.

### Visual impairment

Provide me with clear text and pictures and make sure the lighting is even in the classroom.

Say my name before you give me an instruction.

## Hearing impairment

Speak to me clearly, use visual clues and reduce background noise.

I need a break after lipreading for a while.