

SPRING/SUMMER 2023

(N) = New Recipe/Dish (PB) = Plant based

GLUTEN/DAIRY FREE WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pork & Carrot Meatballs with Spaghetti (GF)	Beef Burger in a Bun (GF)	Roast Chicken Dinner & Gravy (GF)	Margherita Pizza (GF)	Fish Fingers with Omega 3 (GF)
Pork & Carrot Meatballs with Spaghetti (DF)	Beef Burger in a Bun (DF)	Roast Chicken Dinner & Gravy (DF)	Margherita Pizza (DF)	Fish Fingers with Omega 3 (DF)
Jacket Potato/Sandwich with Various Filling & Unlimited Salad	Jacket Potato/Sandwich with Various Filling & Unlimited Salad	Jacket Potato/Sandwich with Various Filling & Unlimited Salad	Jacket Potato/Sandwich with Various Filling & Unlimited Salad	Jacket Potato/Sandwich with Various Filling & Unlimited Salad
Potato Wedges Peas & Sweetcorn Mix	Vegetable Medley	Roast Potatoes Cauliflower & Broccoli	Spicy Diced Potatoes Baked Beans	Chipped Potatoes Garden Peas
Lemon Biscuit & Fruit (GF)	Mandarin Muffins (GF)	Jelly with Fruit (GF)	Chocolate Cake & Custard (GF)	Ice Cream (GF)
Lemon Biscuit & Fruit (DF)	Mandarin Muffins (DF)	Jelly with Fruit (DF)	Chocolate Cake & Ice Cream (DF)	Ice Cream (DF)
Selection of Fresh Fruit Yeo Organic Yoghurt	Fresh Fruit Salad Yeo Organic Yoghurt	Fresh Fruit Platter Yeo Organic Yoghurt	Selection of Fresh Fruit Yeo Organic Yoghurt	Fresh Fruit Salad Yeo Organic Yoghurt

Weeks commencing: 18th April, 9th May, 6th June, 27th June, 18th July, 29th August, 19th Sept & 10th October.



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GLUTEN FREE WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
N I I	BBQ Chicken with 50/50 Rice (GF)	Pork Sausage (GF)	Minced Beef Pie Gravy (GF)	Pasta Bolgnaise (GF)	Fish Fingers (GF)
	BBQ Chicken with 50/50 Rice (DF)	Pork Sausage Hot Dog (DF)	Minced Beef Pie Gravy (DF)	Beef Lasagne (DF)	Battered Fish Fillet(DF)
	Jacket Potato/Sandwich with Various Filling & Unlimited Salad	Jacket Potato/Sandwich with Various Filling & Unlimited Salad	Jacket Potato/Sandwich with Various Filling & Unlimited Salad	Jacket Potato/Sandwich with Various Filling & Unlimited Salad	Jacket Potato/Sandwich with Various Filling & Unlimited Salad
	Potato Wedges Peas & Sweetcorn Mix	Herby Diced Potatoes Baked Beans	Creamed Potatoes Carrot Batons	Vegetable Medley	Chipped Potatoes Garden Peas
	Iced Lemon Sponge (GF)	Vanilla Sponge & Custard (GF)	Vanilla Shortbread & Fruit (GF)	Carrot & Orange Muffin (GF)	Iced Smoothie Pot (GF)
	Iced Lemon Sponge (DF)	Vanilla Sponge & Ice Cream (DF)	Apricot Flapjack's (DF)	Carrot & Orange Muffin (DF)	Iced Smoothie Pot (DF)
	Fresh Fruit Platter Yeo Organic Yoghurt	Selection of Fresh Fruit Yeo Organic Yoghurt	Fresh Fruit Salad Yeo Organic Yoghurt	Fresh Fruit Platter Yeo Organic Yoghurt	Selection of Fresh Fruit Yeo Organic Yoghurt

Weeks commencing: 25th April, 16th May, 13th June, 4th July, 5th Sept, 26th Sept & 17th October.



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WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
D	Brunch piced Potatoes (GF)	Sweet & Sour Chicken 50/50 Rice (GF)	BBQ Pulled Pork Burger in a Bun (GF)	Pasta Bolognaise (GF)	Fish Burger(GF)
D	Brunch Piced Potatoes (DF)	Sweet & Sour Chicken 50/50 Rice (DF)	BBQ Pulled Pork Burger in a Bun (DF)	Pasta Bolognaise Crusty Bread (DF)	Battered Fish Burger (DF)
	ket Potato/Sandwich ith Various Filling & Unlimited Salad	Jacket Potato/Sandwich with Various Filling & Unlimited Salad	Jacket Potato/Sandwich with Various Filling & Unlimited Salad	Jacket Potato/Sandwich with Various Filling & Unlimited Salad	Jacket Potato/Sandwich with Various Fillings & Unlimited Salad
	Diced Potatoes Baked Beans	Fresh Broccoli	Potato Wedges Peas & Sweetcorn	Vegetable Medley	Chipped Potatoes Garden Peas
S	trawberry Yoghurt Muffin (GF)	Gingerbread Person & Fruit	Ice Cream (GF)	Banana Cake & Custard (GF)	Chocolate Crunch (GF)
Ch	ocolate Muffin (DF)	Gingerbread Person & Fruit (DF)	Ice Cream (DF)	Banana Cake & Ice Cream (DF)	Chocolate Crunch (DF)
	Fresh Fruit Platter eo Organic Yoghurt	Selection of Fresh Fruit Yeo Organic Yoghurt	Fresh Fruit Salad Yeo Organic Yoghurt	Fresh Fruit Platter Yeo Organic Yoghurt	Selection of Fresh Fruit Yeo Organic Yoghurt

Weeks commencing: 2nd May, 23rd May, 20th June, 11th July, 12th Sept, & 3rd Oct.