### What do the Keeping Families Together team do?

We can offer you and your child/young person extra support and will work with your social worker and others to help you all be safe and happy at home.

We know every family is different so we will agree a plan that works for you.

This may include things like:

How you all talk to each other and get along

Working with you and your partner to help you avoid arguing or being violent at home

Support you to feel more confident and able to set routines and rules to keep everyone safe

Work to help your child/young person think about things they might want to change like anger, drug use, friendships, school etc.

Think about who in your family/friendship group could help with your plan.

If your child/young person is living away from home we can help with the plan for them to return so they can live safely with you.



### These things are important to

us



Intervention at the earliest opportunity Supporting in the least Developing children to intrusive way the delivery stay with of place families when based early Positive safe to do so help relationships at the heart A whole family of what we approach do Working with which families – not supports doing to Childrens positive voices will be change heard & their lived experience will inform plans



# Contact

Your keeping families together key worker(s) is:

**Contact details:** 

If I am not around you can call:

### **Contact details:**

# **Keeping Families Together Team**

Supporting children and young people to live safely at home with their families

### Information for young people

### Why have the Keeping Families Together team been asked to work with us?

The social worker or in some cases the lead practitioner who has been working with your family think that you would all benefit from the intensive support we offer. They may be worried that without our support your child/young person may not be able to continue to live with you. We want to help families to stay together where it is safe to do so, but with the right support.

In some situations, your child/young person may already be in our care or living with family / friends or foster carers, if the plan is to support them to return home to live safely with you we can support with this.





## Who are the Keeping Families Together (KFT) team?

We are a team of family practitioners, youth workers, family group decision making coordinators, and social workers who all have a lot of experience working closely with children, young people and families who are experiencing challenges at home.

We work within the family safeguarding practice model - a whole family approach which supports parents to change for themselves and for their family. We work alongside families to enable children to remain at home and families to stay together.

Our team works closely with your social worker or lead practitioner, in addition to other professionals who may be supporting you and your family, this approach helps us to make sure your family have the right help from the right services.

# How do the Keeping Families Together team work?

A member of our team will be allocated to your family and will be called your 'key family worker'. Due to the way we work, you will be introduced to all members of the team to make sure that if your key worker is not available you will already know the person who may need to cover and come and see you.

All families supported by the KFT team will be offered family group decision making so we can help you come together with your wider family and friends to agree your own family plan.

Our support will start immediately based upon what you and your family need. However, we will also complete an assessment within the first 4 weeks to help us better understand what support is needed and what services need to be in place.

We will generally work with families for between 6 – 14 weeks, although in some cases this may be extended.

Our team can work flexibly between 7am and 8pm, Monday to Friday, and 9am to 5pm on a Saturday which allows us support you and your family at the times you need us. We will also be there for your family if you experience a crisis, for example, a difficult argument or conflict so your child/young person can stay at home safely.

Your allocated key family worker will attend all meetings held by your social worker / lead practitioner to ensure that everyone is kept updated about the progress we are making together.