

Discover, suspect, or informed of a self-harm incident

Does the pupil require medical care?

Yes

Urgent medical care includes heavy bleeding/deep lacerations, overdose, unconscious, attempted hanging/ strangulation that requires medical observations

Call 999 for an ambulance/visit A&E

Log injury and inform Designated senior person

On pupils return to school, refer to process for managing recent/historical self harm

Non urgent

Administer first aid at school

No

Don't panic, keep calm and give reassurance (to the individual pupil and to those who might be affected by witnessing self harm (staff and pupils))  
Speak to the pupil to see how they are feeling and provide support.  
Listen to what they have to say

Assess risk – see risk prompts

Explain confidentiality – discuss sharing of information  
Inform parents/carers unless there is a clear reason not to (Gillick Competency/Fraser Guidelines).  
Make sure the child/young person knows what will be said and to who  
Follow safeguarding procedures if necessary and discuss with DSPCP

Low/medium risk

High risk;  
Suicidal thoughts  
Psychotic presentation e.g bizarre beliefs, paranoid and hearing voices  
Severe depressive episode

