

Would you like to be able to:

- ☐ Learn how to stay calm in an **emergency**?
- ☐ Perform **CPR** on an adult, child or infant?
- ☐ Gain the **confidence** to be able to deal with a variety of childhood **accidents** and **illnesses**?
- ☐ Apply a **bandage** and **dress a wound** correctly?
- ☐ Respond to a **seizure** or **choking scenario**?

Come along to our **free** 5-week course
FAMILY FIRST AID FOR PARENTS AND CARERS

Starting on Wednesday 11th June, 1-3pm



Call **0161 253 5772** to book your place at

East Bury Family Hub

25 Dorset Drive, Bury, BL9 9DN