The aim of the service is to...

support young carers to reduce their caring responsiblity

provide activities that offer respite to young carers from their caring responsibility

better understand and reduce the impact of their caring responsiblity on young carers

Young Carers (aged 7 - 16) and Young Adult Carers (ages 16 to their 19th birthday) living in Bury have the right to an assessment of their support needs from Bury Council. It doesn't matter who you care for, how much, or what kind of care you provide. If caring impacts on your health, education, friendships or social life, you can request a young carers needs assessment.

If you or someone in your family needs help and support, a support plan of what should happen next will be agreed.

You will be given a written copy of the assessment and plan to keep, and the plan will be regulalry reviewed to make sure the help and support is still working for you and your family.

We are supported by a charity - Friends of Bury Young Carers. If you'd like to know more or support the charity, contact janewild@talktalk.com

#### How to refer.....

Contact your linked professional - teacher, social worker, health professional etc, or make a direct referral through MASH



follow us on social media

or

contact us at Buryyoungcarers@ bury.gov.uk



## Bury Young Carers

What does the Young Carers offer in Bury look like and how do we assess and support our young carers?







A plan will be created with each young carer and their family with actions based on their individual need, and a linked Young Carers Preactitioner avaliable to support.

The plan could also include other services, working together to remove barriers and offer support, to enable young carers to reach their full potential.

What that looks like.....



## Every young carer must have an assessment

### What are our JUNIOR AND SENIOR ASSESSMENTS?

We have created an assessment tool that assesses every aspect of a young carers life, and the impact of their caring role on each aspect. It allows the young carer to share their views, measure the level of caring and it's impact on them phsycially and emotionally. The assessment is age appropriate and should help the young carer feel listened to and understood and not be a difficult, repetative process.

#### What is A DAY IN THE LIFE?

This tool really helps the young carer and the allocated Young Carers Officer explore the level of caring and impact. By talking through what an average day looks like for the young carer, they are able to share details to gain an in depth understanding.

#### What is a TRANSITION ASSESSMENT?

As a young carer approaches 18, the pathways for receiving support and accessing services change. Making sure that you have information, options and choices in relation to your caring role is key. We will reach out to young carers during year 11 to undertake the assessment and offer further post 16 support, in conjunction with Bury Carers' Hub.

#### What is a REVIEW ASSESSMENT?

Once a young carer has been assessed and offered support, they will undertake a review assessment every year. This will ensure that our understanding of need is correct and updated, and the appropriate level of support is being offered - this may result in a new, updated plan to meet identified need.

Young carers and their parents/carers can decline a support at any time

# Bury's approach to early intervention and Young Carers support

The Young Carers service sits within the Council's wider Family Help service. Our early intervention, whole family approach not only recognises how the young carer's wellbeing, health, education and development is affected by their caring role, but to also looks at the needs of the whole family. This involves holistic assesment and may lead to plans supporting more than one member of the family, accessing support from multiple organisations.



The holistic needs assessment will consider how caring affects you, both physically and emotionally, and how it affects your progress at school, college or work. It will also include how caring affects your social life, relationships and leisure. Your views will be listened to and included in the assessment.