



Equipping learners with the knowledge, skills and attitudes to tackle gambling related harms

**Beacon Counselling Trust, ARA Recovery For All and RCA Trust Scotland are approved learning centres with the Royal Society of Public Health delivering the 'Bet You Can Help' Programmes across England, Scotland and Wales**

If you work in a public facing role or are interested in learning more about how harmful gambling can impact individuals and those affected by somebody else's gambling we have three tailored training offers available...

**[www.betyoucanhelp.co.uk](http://www.betyoucanhelp.co.uk)**





'Bet You Can Help Now!' is a one hour awareness raising workshop accredited by the Royal Society for Public Health, designed to increase knowledge and understanding of gambling harms and the appropriate levels of support, which are available.



The Ofqual regulated 'Bet You Can Help' course is a Level 2 full day programme accredited by the Royal Society for Public Health with the aim of improving the understanding and confidence of attendees to support those affected by gambling harms.

**The learning outcomes for participants attending this course are highlighted in the key elements listed below:**

- Learners will develop their knowledge, skills, understanding and awareness of gambling related harms (GRH).
- Learners will understand the nature of harmful gambling and gambling-related harms and their impact on health and wellbeing.
- Learners will know how to provide help and support to an individual at risk of, or affected by, gambling related harms and signpost to appropriate specialist services.

**To find out more and register your interest email  
[info@betyoucanhelp.co.uk](mailto:info@betyoucanhelp.co.uk)**

## **Our Mission Statement**

**'We want to drive down the numbers of people suffering gambling related harms, whilst at the same time increase the numbers of individuals accessing appropriate treatment and support.'**