



Learn more about autism

Autism Central is delivered by parents and carers, for parents and carers, to help you learn more about autism and the services available.

autismcentral@gmt.team



What can I access?

- **Resources:** find information from partners and other trusted sources.
- **Find help:** one-to-one sessions with information and services available in your area from your regional hub.
- **Events:** talk to people who share similar experiences.
- **Online learning:** sign up to access further learning resources.