#### ABC: Finding patterns and solutions

Date: Completed by:

|  |  |  |
| --- | --- | --- |
| **Antecedent** | **Behaviour** | **Consequence** |
| **Time** behaviour started:  **Setting Area** (where did it happen? Was it hot, noisy, cramped, brightly-lit?):  **Activity at time of start of behaviour**  (what were they doing?):  **Key Trigger** (were there any key triggers such as an adult request, frustration with peers, not getting attention?):  **Events before behaviour started** (had anything happened earlier in the day which might have influenced the behaviour?): | **Behaviours seen** (please list what you saw with times/durations):  **The child’s appearance/mood** (e.g. did their facial colour change, were they laughing or staring, did they seem tired or excitable? – please describe):  **Any other information:** | **What was the reaction of adults** (e.g. intervention, redirection, ignoring)?  Please state who did what and for how long.  **How did the child feel after? What might they have gained** (e.g. escape from the situation, connection seeking, sensory stimulation)?  **Any other information:** |