#### ABC: Finding patterns and solutions

Date: Completed by:

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| **Antecedent** | **Behaviour** | **Consequence** |
| **Time** behaviour started:**Setting Area** (where did it happen? Was it hot, noisy, cramped, brightly-lit?):**Activity at time of start of behaviour**(what were they doing?):**Key Trigger** (were there any key triggers such as an adult request, frustration with peers, not getting attention?):**Events before behaviour started** (had anything happened earlier in the day which might have influenced the behaviour?): | **Behaviours seen** (please list what you saw with times/durations):**The child’s appearance/mood** (e.g. did their facial colour change, were they laughing or staring, did they seem tired or excitable? – please describe):**Any other information:** | **What was the reaction of adults** (e.g. intervention, redirection, ignoring)?Please state who did what and for how long.**How did the child feel after? What might they have gained** (e.g. escape from the situation, connection seeking, sensory stimulation)?**Any other information:** |