

Help with financial hardship

Let's do it

The last 24 months have brought significant challenges to our communities with increased financial pressures for many people. If you are experiencing difficulties, free confidential advice and wider support is available.

For full details of all support available visit: bury.gov.uk/hardshiphelp.

For immediate financial help from Bury Council visit: bury.gov.uk/adviceandbenefits

If your household has a low income and you are struggling with your finances, support is available:

- Extra financial help may be available to help towards your rent and Council Tax
- The Household Support Fund can provide one-off payments for food, fuel, repairs, school uniforms and clothing and other essential winter provisions
- We can provide food and fuel vouchers as well as emergency food parcels
- A confidential benefits checker to make sure you are receiving all the benefits you are entitled to

For further information about support available from Bury Council, visit: bury.gov.uk/adviceandbenefits or call 0161 253 5858.

If you are a **Six Town Housing** tenant, you can talk through your support options by calling 0161 686 8000 or email: enquiries@sixtownhousing.org.

Bury and Bolton Citizens Advice Borough

Bury and Bolton Citizens Advice Bureau provide tailored advice to your individual needs with support including:

A benefit check, to ensure you are receiving everything you are entitled to and explore if there are any grants or discretionary funds available to you. For further information on benefits, tax credits and Universal Credit which you may be entitled to, a free online calculator is available at: entitledto.co.uk.

Debt advice, including money management and how to deal with priority payments.

Freephone Adviceline: 0808 278 7804 available Monday to Friday between 10am and 4pm. Video drop-in service available: cabb.org.uk/video-advice/.

Further Information and Guidance





Further advice and support is available through the Community Hubs:

Community Hubs are available to support residents and help with essential supplies or for any worries or concerns you may have about money or your general wellbeing. Hubs provide a focus in local neighbourhoods to connect residents to opportunities, services and support including public services, voluntary and community networks.

Contact your local Community Hub by calling 0161 253 5353 or email:

- **North Community Hub** - Elton, North Manor, Tottington, Ramsbottom
Northcommunityhub@bury.gov.uk
- **East Community Hub** - Bury East, Moorside and Redvales
Eastcommunityhub@bury.gov.uk
- **West Community Hub** - Church, Radcliffe East, Radcliffe North and Radcliffe West
Westcommunityhub@bury.gov.uk
- **Whitefield Community Hub** - Besses, Pilkington Park and Unsworth
Whitefieldcommunityhub@bury.gov.uk
- **Prestwich Community Hub** - Holyrood, Sedgley and St. Mary's
Prestwichcommunityhub@bury.gov.uk

Support can be provided for the following:

-  Budgeting, money management and debt advice
-  Food and nutrition
-  Affordable warmth and tackling fuel poverty
-  Help in getting online

Wellbeing Support

Support is available to help with your mental wellbeing:

A confidential helpline is available for anyone experiencing difficulties with their mental wellbeing, including those struggling because of financial hardship. The **Getting Help Helpline** is available Monday to Saturday 8am-8pm and offers non-clinical support from experienced call-handlers, call 0161 464 3679. You can also contact trained crisis volunteers, supported by clinical supervisors, 24 hours a day, 7 days a week, by texting **GMBury** to 85258.

