

## Energy Efficiency Tips

- Leaving appliances on stand-by still uses around **50%** of electricity – turn them off at the switch.

- Turning your room thermostat down by 1°C could cut your fuel bill by **10%** & save around **£40** each year.



- Fit an insulation jacket to the hot water cylinder, it could save you around **£35** a year.

- Install cavity wall and loft insulation there are grants available to assist you. Up to 35% of heat is lost through un-insulated walls and 25% is lost through an un-insulated roof. You could save approximately **£255** a year on your heating bills!

- Replace your light bulbs with energy saving recommended ones. They use **80%** less electricity, they can last up to **6 years** longer and could equate to a lifetime saving of over **£22**.

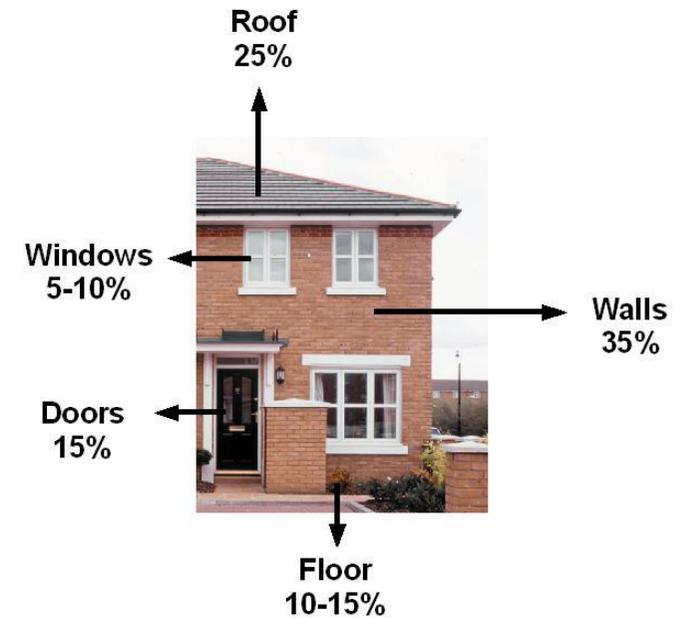


- Water needn't be scalding hot. Set your cylinder thermostat to 60°C/140°F.
- Defrost freezers regularly to avoid build up of ice which makes the motor work harder.
- Don't over fill kettles, only boil as much water as you need but make sure that elements are covered.
- Use the economy setting on your washing machine.

## Beat the High Cost of Energy Act Now!!

Did you know that, according to USwitch, (the free and impartial switching service), the average annual fuel bill in the UK is **£1158** which is roughly **151% (£800)** more than in 2004!

This diagram shows how much heat is lost through a typical 3 bed semi detached property with no insulation.



With this news, it's no wonder that people are looking at ways to reduce their fuel bills whilst still keeping their home warm!

## Tips To Save On Your Fuel Bills !

- Choose a dual fuel tariff – buying both fuels from the same company gives you a discount
- Pay by Direct Debit – this can save you up to 10%
- Pay online (paperless billing) – this can save you up to 5%
- Use an online price comparison site such as Uswitch.com to find the cheapest deal tailored to your specific energy use.
- Some suppliers offer rewards and cashback incentives to get you to switch or stay with them – ensure you check the cost savings with the cashback amounts to ensure you get the best price saving overall.
- Avoid estimated bills – ensure you give your energy supplier meter readings often to ensure you are not overpaying or underpaying.



**Fixing Your Prices:** Capped tariffs are generally 10% more expensive than the cheapest tariff, but you'll be saving in the long run if prices rise. Beware though; you may be tied in for 1-3 years and have to pay a fee if you break the contract.

**Supplier and Tariff Switching:** To find out the cheapest deal for you, visit [www.goenergysshopping.co.uk](http://www.goenergysshopping.co.uk) and choose one of Ofgem's approved energy switching sites such as uswitch.com or energyhelpline.com. If you do not have access to a computer you can contact these organisations directly who will be able to provide this switching service over the phone, ensure you have your current energy bills to hand.

Uswitch: **0800 051 5493**  
Energyhelpline : **0800 074 0745**

**Note: You can only change supplier if you are up to date with your bills!**

**Pre Payment Meter Customers:** can still change energy supplier and there could be other payment options available.

**Special Energy Tariffs:** To apply you usually need to be in receipt of a qualifying benefit. Contact your supplier to check what's available. Be aware that whilst these tariffs offer a reduction on the supplier's standard cost, you may be able to save more money by switching supplier or paying by a different method.



**Hardship Funds:** If you are having real trouble paying, you could consider applying to one of the suppliers' hardship funds. The level of support available can vary. They could arrange to wipe some of your debt and help you with affordable monthly payments. Some can also help with installing insulation, replacing appliances and central heating.

### **Energy Supplier Numbers for Existing Customers**

British Gas: **0800 048 0202**  
EDF Energy: **0800 096 2270**  
E.ON: **0345 059 9905**  
Npower: **0800 073 3000**  
Scottish and Southern Energy: **0800 912 3000**  
ScottishPower: **0800 400 200**